

Global Action Patch for Girl Scout Daisies

Girls complete one or more activity to receive the patch

1. Think of a time when you were very hungry. How did it make you feel? Perhaps tired or cranky? How did you feel once you ate and were no longer hungry? What do you think are reasons why some people around the world don't have enough to eat? (Millennium Development Goal: Ending hunger and poverty)
2. Take photos or draw a picture of your school. You may choose to draw certain places you like best: your classroom, the cafeteria, the playground, etc. At the library or online (with adult help and supervision), search for pictures of schools that exist in other countries. How are faraway schools different from your own? What are some of the things you have at your school that other children may not have? (Millennium Development Goal: Education opens doors)
3. Have someone trace your head and then your hands on a big piece of paper. Cut them out. On the drawing of your head, write down a few ways you can help others. (Comfort a sad friend, be a good listener in class, etc.) Then on the hand cut-outs, write how you can help others with your hands. (Take care of a pet, put recyclables in correct containers, set the dinner table at home, etc). Display your cutouts in your meeting place. (Millennium Development Goal: Empowering girls)
4. Play a fun game of Mosquito Tag! The lesson involved in playing this game is to teach Daisies about illnesses and diseases such as malaria. Players pretend they are mosquitoes and try to "bite" other players by touching them. Some players have beads in their hands. The beads act like mosquito nets and if girls are bitten, they can still stay in the game. Players without beads must leave the game. Beads are secretly passed from player to player. The game ends when only players with beads remain. Afterward, inform Daisies about efforts to fight malaria, how different organizations such as the United Nations are working to reduce malaria in poor countries. Also, talk about how this game does not rely on manmade materials and how kids in impoverished countries have to rely more on made-up rather than manufactured games. (Millennium Development Goal: Helping children survive)
5. Think of five nice or helpful things you can do for your mother or a mother you know. Ideas: pick flowers and make a special bouquet, do something extra helpful: put away groceries, make your bed, etc. Afterward share with your group by acting it out. (Millennium Development Goal: Keeping mothers healthy)
6. Frequent hand washing keeps people healthy. Talk to your Daisy friends about the best ways to wash your hands and why it keeps people healthy. Make a poster to hang in your meeting area that lists hand-washing tips: Wet hands with running water. Apply soap. Lather well. Rub hands for 20 seconds (Sing the Birthday song.) [Dry with a clean towel or air dry.](#) (Millennium Development Goal: Preventing diseases)
7. Can you think of the many things in our lives that run on electricity? Make a list with your Daisy friends. Then go home and spend an hour without electricity—no TV, no lights, or other plug-ins. How did it feel? What did you miss most? Make a picture of what it was like and share with other Daisies. (Millennium Development Goal: Saving the planet)
8. Around the world, especially in poor countries, many children do not have store-bought toys. But they still have fun by making their own things to play with. Invent a game or make a toy out of natural materials such as sticks. Try out your game/toy with your friends. (Millennium Development Goal: Saving the planet)
9. Find out about the lives of children in another country. Get books on the subject at the library. (One good book is *Children Just Like Me*, by Barnabas and Anabel Kindersley published in association with Unicef/The United Nations Children Fund. This book profiles children living in places as diverse as New York, Mongolia, and the Amazon Basin.) Draw a picture or make up a song about a girl in another country. Share with your friends or family. (Millennium Development Goal: Promoting peace through partnership).
10. Visit a local garden and offer to help weed, plant, or cleanup. How does food from a garden keep people from being hungry? (Millennium Development Goal: Ending hunger and poverty)

Global Action Patch for Girl Scout Brownies

Girls complete one or more activity to receive the patch

- 1.** Go take a hike! Or a walk in a forest or park. Take along a camera or sketch pad and colored pencils. When done, choose five things you enjoyed such as the scent of plants or flowers, the sight of wildlife, or the feeling of clean air. Share your experience with your group. (Millennium Development Goal: Saving the planet)
- 2.** Interview your mom. Sit down together and ask her or another mother you know what it's like being a mother. Ask what she likes about being a mother. Ask about the challenges or things she dislikes. Ask how she takes care of herself while taking care of others. Make a booklet illustrating what you learned. Share with your group and then give to your mom (or the other woman) as a gift. Write a personalized note thanking your mom for all she does! (Millennium Development Goal: Keeping mothers healthy)
- 3.** Imagine what it would be like to live someplace without television, a computer, or electronic toys. Spend an entire day without using them. Tell your Brownie friends what you did instead. How can taking a break from these activities create peace? For example, perhaps you helped your mother around the house, or took a walk in the neighborhood. Talk about how these "old-fashioned" activities can put people in touch with others. How can face-to-face contact increase awareness and understanding? (Millennium Development Goal: Promoting peace through partnerships)
- 4.** What if, as girls, you could not go to school? What would your life be like? What would you do with your time? How would you learn? Share your ideas with other Brownies. (Millennium Development Goal: Empowering girls)
- 5.** Read a story about hunger and poverty in the world. Then, come up with a slogan to make people aware of these issues. Make decorative buttons or stickers with these slogans. (Millennium Development Goal: Ending hunger and poverty)
- 6.** Draw a picture or take photos of your school and classroom. List the things you enjoy most about school. Then, with the help of books, pictures, or even a movie, find out what school is like for girls in another part of the world. Idea: Read the youth edition of *Three Cups of Tea* by Greg Mortenson and David Oliver. (Millennium Development Goal: Education opens doors)
- 7.** Did you know, in some parts of the world, children get sick because they don't have clean drinking water? Find out where your drinking water comes from. Then, with your Brownie friends, try this nifty experiment with a grown-up. First, mix up a bowl of dirty water by adding cooking oil, soil, and small pieces of paper. Then, with help, cut a plastic bottle in half. Turn the top half upside down so it's like a funnel. Build a filter in the funnel trying different materials: gravel, sand, and cotton balls. Pour the dirty water through the bottle, experimenting with different layers of filter material to see which filters the water best. (Don't drink the filtered water.) Share your findings with others. (Millennium Development Goal: Helping children survive)
- 8.** Clean hands are important for preventing diseases and staying healthy. With other Brownies, go over the best ways to wash hands. You can research this online, with an adult's help. Then comes the fun part: make your own soap. Here's a link to a [craft site with easy soap-making instructions](#). Share bars with your family or donate them to a charity. (Millennium Development Goal: Preventing diseases)
- 9.** Organize a special service project for your school. First, have a meeting and decide what your school might need and appreciate the most. Consider planting trees, painting, cleaning up the playground, creating themed "art" to brighten up the cafeteria (such as illustrated healthy eating tips). If you are not sure what to do, ask your school principal or another school leader. (Millennium Development Goal: Education opens doors)
- 10.** What are some reasons why people in your area may not have enough to eat? Have a group discussion. Then visit a local food bank. Meet with the director to learn how hunger and poverty affects your community. Find out what items the food bank needs. Then hold a community food drive. (Millennium Development Goal: Ending hunger and poverty)

Easy Homemade Soap Making

This fun project is perfect for kids of almost any age. These inexpensive yet lovely soap bars make perfect gifts for teachers, mom, grandma, or just about anyone. Plus, they're fun to use in the bath, too!

What you'll need:

- Glycerin soap, clear or white (This only works with glycerin soap - do not substitute.)
- Soap dye in colors or your choice
- Soap or candy molds
- Microwave safe liquid measuring cup
- Spoon
- Popsicle stick or coffee stirrer
- Knife (adults only)

How to make it:

1. If using bars of soap, cut into three pieces. If using purchased glycerin blocks, cut off 2-3 pre-measured chunks.
2. Put glycerin soap into a measuring cup, microwave according to package directions (or 20 seconds), then in 10-second intervals until melted.
3. If you want colors, this is the time to add the dye. Add a few drops and stir with a spoon. If you want the color darker, simply add more dye.
4. Slowly pour the liquid soap into the mold. Set aside to harden for 45 minutes to an hour. Some soaps may harden sooner than others.
5. Rinse out measuring cup and repeat process for other colors.
6. After soap has cooled completely, pop them out of the molds. If you find this difficult, you can place the soap into the freezer for ten minutes and try again.

Tips:

- For a tie dye effect, don't add dye until after you have poured white soap into the molds. Add random drops of dye into white soap in mold and swirl with a coffee stick or toothpick.
- For multicolor layers, pour the first color in and allow it to cool enough to form a skin (about 5 minutes). Carefully and very slowly add the second color over that.
- For pastel shades, add only a couple drops of dye. For more bold colors, add more drops.
- Make your own colors by mixing the dyes, or create a tie dye effect by using two or more colors instead of just one.

Global Action Patch for Girl Scout Juniors

Girls complete one or more activity to receive the patch

1. Have you ever thought about how much food equals 800 calories a day? This amount is the minimum number of calories an adult can eat and survive. As a team, put together a creative display of foods and how much of them make up 800 calories. Find out which areas of the world have the highest malnutrition rates. Afterward discuss what it would be like to live on that much food every day. (Millennium Development Goal: Ending hunger and poverty)
2. Meet with a farmer at a local farm or a farmer's market. Find out what they produce, how they produce it, and where they sell it. Talk about what it would be like to be a "locavore," (a person who only eats foods grown or produced locally). In your discussion, think about people around the globe who have no other choice but to be locavores. What are the pros and cons? (Millennium Development Goal: Ending hunger and poverty)
3. Here's a chance to play reporter! Interview a teacher or school principal about why it's important for all children, including girls, to go to school. Share what you learned with other Girl Scouts, family members, neighbors, or friends. (Millennium Development Goal: Education opens doors)
4. Celebrate another culture by learning the words of a Girl Scout song in a language other than English. Sing it with other Girl Scouts at a special performance for family members. (Millennium Development Goal: Promoting peace through partnership)
5. Do you take good care of yourself? List all the ways you try to stay healthy (e.g., washing your hands, exercising, eating healthy foods, brushing your teeth, getting a good night's sleep.) Discuss what might happen to your body if you did not follow these simple day-to-day things. List other things you could try to stay healthy. (Millennium Development Goal: Preventing diseases)
6. Think about your mom (or a woman close to you) and what she means to you. Write a poem celebrating her. Share it with your Junior friends. Then discuss why it's important to keep moms healthy. How does your mom stay healthy? Interview her to find out ways she stays healthy. (Millennium Development Goal: Keeping mothers healthy)
7. Be an investigator. Find out about one of the following actions to help young children survive: immunizations, hand washing, or mosquito nets. Express what you learned by making a mock-TV or poster advertisement to promote the action and show it to other Girl Scouts. (Millennium Development Goal: Helping children survive)
8. What does sisterhood mean? Have a "secret sister" celebration where each girl draws a name and then makes something special for her secret sister. (Millennium Development Goal: Empowering girls)
9. Have you ever thought about the energy use in your home? What about your family's recycling efforts? Make a list, recording your family's use of energy and recycling. Show your family your findings and try to make improvements over the following two weeks. For example, you can lower the thermostat by a degree or two, add cardboard packaging to your recycling efforts, unplug appliances while not in use, etc. Visit www.earthday.net/footprint/flash.html to measure your carbon footprint. Write down your achievements and share with your group. (Millennium Development Goal: Saving the planet)
10. Help a younger child in a subject you are good at for at least a month. Arrange at school to help a younger kid with reading or math. Or teach a younger sibling or neighbor how to ride a bike or catch a baseball. (Millennium Development Goal: Education opens all doors)

Global Action Patch for Girl Scout Cadettes

Girls complete one or more activity to receive the patch

- 1.** Ask women you know such as your mother, grandmother, aunt, or neighbor about gender discrimination. Then, collect and share stories of their experiences. Ask what they did in the face of discrimination. Share your findings. (Millennium Development Goal: Empowering girls)
- 2.** Watch a favorite movie with friends. Discuss the male and female characters. Which characters are depicted as intelligent, problem-solvers, strong peacemakers, and/or leaders? How can characters in movies and television influence what girls think about themselves? Role play some of the characters to demonstrate what you observed. (Millennium Development Goal: Empowering girls)
- 3.** Look into the leading causes of child mortality. (You can do research using www.childinfo.org/mortality.html or other sites.). Present your findings to others in an interesting way, such as graphing. (Millennium Development Goal: Helping child survive)
- 4.** Treat your mom to a cup of tea or coffee. Talk to her or another mother you know about the joys and challenges mothers face every day in raising children. Write a short essay describing her experience and reflect your gratitude for what she does. (Millennium Development Goal: Keeping mothers healthy)
- 5.** Devise a family menu for one day: a healthy breakfast, lunch, and dinner. Make sure your meal choices contain a good balance of nutritious foods and work out how much these meals cost per person and per day. Compare those costs and food choices with what people who live on less than a dollar a day experience. Share your findings. (Millennium Development Goal: Ending hunger and poverty)
- 6.** Investigate a disease that you want to help find a cure for such as AIDS, breast cancer, or Multiple Sclerosis. Then take social action! Participate in or plan your own local walk/race to raise awareness. (Millennium Development Goal: Preventing disease)
- 7.** Discover the meaning of teamwork. Contact youth in another area club, within Girl Scouts, or school to join you in a service project such as putting on a play at a senior home, visiting a children in a hospital, etc. Plan some time to get to know the other students. What can you accomplish by teaming up? (Millennium Development Goal: Peace through partnerships)
- 8.** How environmentally sustainable is your home? Consider changing light bulbs to fluorescent bulbs, installing water filters, fixing leaks, etc. Investigate other ways to reduce your carbon footprint: www.nature.org/initiatives/climatechange/calculator/. Share and compare these efforts with your group. (Millennium Development Goal: Saving the planet)
- 9.** Can you imagine a world without books? Conduct a used children's book drive to donate books to a local organization that helps families and children who can't afford to buy their own reading materials. Afterward, write a short paragraph about how it feels to help others. (Millennium Development Goal: Education opens doors)
- 10.** Help younger children discover the joy of read-aloud stories. At a local school or library, volunteer to read to a young audience. (Millennium Development Goals: Education opens doors)

PROGRESS TOWARDS MILLENNIUM DEVELOPMENT GOAL 4: KEY FACTS AND FIGURES

- Globally, the number of deaths among children under age five has fallen from 12.4 million in 1990 to 8.1 million in 2009. This means that more than 22,000 children under five die each day—12,000 fewer than in 1990.
- Since 1990 the global under-five mortality rate has fallen by a third—from 89 deaths per 1,000 live births in 1990 to 60 in 2009. All regions except Sub-Saharan Africa, Southern Asia and Oceania have seen reductions of at least 50 percent.
- The rate of decline in under-five mortality has accelerated over 2000–2009 compared with the 1990s.
- Northern Africa and Eastern Asia have made the most progress in reducing under-five mortality.
- The rate of decline in under-five mortality remains insufficient to reach Millennium Development Goal 4, particularly in Sub-Saharan Africa, Southern Asia and Oceania.
- The highest rates of child mortality continue to be in Sub-Saharan Africa, where 1 child in 8 dies before age five—nearly 20 times the average of 1 in 167 for developed regions. Southern Asia has the second highest rates, with about 1 child in 14 children dying before age five.
- Under-five mortality is increasingly concentrated in a few countries. About half of global under-five deaths in 2009 occurred in only five countries: India, Nigeria, Democratic Republic of the Congo, Pakistan and China. India, with 21 percent, and Nigeria, with 10 percent, together account for nearly a third of under-five deaths worldwide.
- Some 40 percent of under-five deaths occur within the first month of life, and some 70 percent occur within the first year of life.
- The two biggest killers of children under age five are pneumonia (18 percent of deaths) and diarrhoeal diseases (15 percent).

Global Action Patch for Girl Scout Seniors

Girls complete one or more activity to receive the patch

1. Do you know about the relationship between climate change and the world's food supply? Find out! For example, are more people hungry today because of climate change? Share your findings with other Girl Scouts or community members. (Millennium Development Goal: Ending poverty and hunger)

2. Take the "250 mile diet" challenge! Spend a week eating only food produced within 250 miles of your home. Find out where the food was produced. How does eating a local diet affect food choices? What if you lived in a different part of the world? Share your findings. (Millennium Development Goal: Ending hunger and poverty)

3. Explore "Title IX," the law passed in 1972 requiring gender equity for boys and girls in educational programs that receive federal funding. Research how this law has affected women and sports. Then arrange for a roundtable discussion where women of different generations share which sports/activities/teams were and were not available to girls in their elementary and high schools. Talk about how change was implemented and what you still think needs to be changed to make life equal for both genders. (Idea: salary differences) (Millennium Development Goal: Empowering girls)

4. Conduct a peace survey: ask 20 people for a definition of peace. Create a collage highlighting the results along with the dictionary definition. Discuss how understanding another person's definition of peace might avert conflict. Discuss and consider with other Seniors how your findings can help promote peace in a country with a current conflict. (Millennium Development Goal: Promoting peace through partnership)

5. Have you ever visited your local health department? Go there and look up facts about child health. Discuss with girls and adults projects that could improve child health in the community. For example, consider arranging school visits by doctors or other health professionals, a health fair, or a sporting event. Make a list of ideas and submit them to your local health department official. (Millennium Development Goal: Child mortality)
6. Learn about teen pregnancy by visiting www.stayteen.org. Here you'll read stories and watch videos of real teens who have become pregnant. Learn about their experiences and how to prevent teenage pregnancy. Find out where local teens can go for help. Discuss what you learned with other teens. (Millennium Development Goal: Keeping mothers healthy)
7. What do you know about adolescent/teen pregnancies? Visit a home for young mothers. Is there anything you can do to help girls balance motherhood and school? Make a list of ideas and investigate ways to help out. (Millennium Development Goal: Keeping mothers healthy)
8. Make a list of true and false statements on HIV and AIDS. Then educate others by running an activity for other Girl Scouts or students--have them guess which statements are true and which are false. Discuss together what you learned. (Millennium Development Goal: Preventing diseases)
9. For one week, monitor the amount of packaging that comes into your home. Record types of packaging and what materials they're made from. Make a sculpture out of the materials to show your group how much waste has been accumulated. How much of this packaging can be recycled? What can be done to reduce the amount of packaging? Discuss ways to improve the situation. (Millennium Development Goal: Saving the planet)
10. Do you know the literacy rate in your state? Go to: <http://nces.ed.gov/naal/estimates/StateEstimates.aspx>. The findings may surprise you. Then find a local literacy program, and volunteer to help someone who is learning to read or learning English. (Millennium Development Goal: Education opens doors)

Global Action Patch for Girl Scout Ambassadors

Girls complete one or more activity to receive the patch

1. Famine is a serious issue that is often taken up by celebrities who use their high profiles to make the world a better place. Learn about past efforts such as We Are the World and Live Aid concerts. How did these events help address global famine? What problems does the hunger movement continue to face? Organize a debate about the complexities surrounding benefits and costs of food aid. (Millennium Development Goal: Ending hunger and poverty)
2. Do you know what the terms *credit* and *microfinance* mean? Have you ever heard of Kiva, Grameen, ACCION, or Sewa? These microcredit organizations are doing exciting work in their relationship to poverty and economic development, especially for women. Create a campaign to raise awareness of one of these organizations. (Millennium Development Goal: Ending hunger and poverty)
3. Can you imagine being denied an education? Investigate the importance of education by choosing two developing countries, one close to your home country and one far away. Find out about the education conditions for a girl your age. Compare with your home country. Do you have similar or different conditions? Discuss the difficulties for girls trying to get an education in developing countries. (Millennium Development Goal: Education opens doors)
4. Despite equal rights' gains for women in our society, a serious wage gap between women and men in the United States remains. How might this affect your future career plans? Look into the earnings gap between men and women, especially in the career you are interested in. What factors might cause men to earn more than women? Share your findings. (Millennium Development Goal: Empowering girls)

- 5.** Today lots of residential and commercial building are going green. Find examples in your community. Then do this environmental project: if you could convert one building that you know into a green building, how would you go about it? Share your ideas. (Millennium Development Goal: Saving the planet)
- 6.** Peoples' access to technology differs among countries of the world. Find out about efforts to "wire" different populations around the globe. On the flip side, observe technology use around you and create a collage of activities one could do in the United States without technology. Spark a discussion among Girl Scouts about how differences in technology access and use in populations around the world affects peoples' prospects for peace. (Millennium Development Goal: Promoting peace through partnership)
- 7.** Rewrite a classic! Choose a popular fairytale such as Snow White or Cinderella and revise it to illustrate women's empowerment. For example, what if Cinderella didn't meet the Prince, but the fairy godmother set her up with a loan so she could started her own technology business? Use your imagination and have fun. Then read your story to younger girls. (Millennium Development Goal: Empowering girls)
- 8.** Child health is an important world issue. On a map of the world, identify countries with the highest child mortality rates. Investigate the reasons—and possible antidotes—and write an op-ed article. Include in the piece why this issue is significant for you. Review the article with other Ambassadors and try to publish it in your school or a local newspaper. (Millennium Development Goal: Helping children survive)
- 9.** It is essential for women to remain healthy when they are pregnant. Learn why by interviewing an obstetrician or midwife. Then find out about maternal health practices in a developing country. What can be done to provide good maternal care for all women? Educate others about your findings. (Millennium Development Goal: Keeping mothers healthy)
- 10.** Interview someone or ask to visit a support group for people with a chronic or debilitating disease such as diabetes, cancer, tuberculosis, etc. Find out about prevention, treatment, and support for people with this disease. Then do something to help an individual (ask this person how you can help her), group, or organization. For example, find out how you can help educate others or raise awareness. (Millennium Development Goal: Preventing diseases)